The Warrior Weekly

Bethel Regional High School

Friday, September 16, 2022

Bethel, Alaska

Mertarvik

By Sylvia Active



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Sunrise over Mertarvik River (above). Containers with building supplies in Mertarvik. Photos by Sylvia Active.

Mertarvik a is really beautiful place where people always want to go. Half the people from Newtok started moving to Mertarvik because the erosion was getting too close to the houses. This year the workers are building more than 20 houses for others to move. It takes nine months to build three to five houses.

At Mertarvik, people go near the airport to pick blackberries because they are bigger and because there are lots. People still go to Newtok just to go buy groceries and check the post office. During winter I always go Mertarvik to go bring my cousins boxes and other things. I always see people ice fishing by Mertarvik or sliding down the hill. Everyday they travel back and forth from Newtok to Mertarvik.



Seal Hunting

By Erinfaye Sam

Seal hunting is the most popular, but is mostly off the coast or towards open waters in the ocean and rarely in the rivers closer to the ocean. During fall time, a lot of people seal hunt to provide for family and mostly the elders, since they can no longer hunt for themselves.

There are different types of seal, which I am going to write in Yup'ik and translate it after. One is a Nayiq - Ringed Seal, Issuriq - Spotted Seal, Tungunquq (Maklak) - Adult Bearded Seal, and Armirkaq (Maklasuk) - Young Bearded Seal.



I interviewed Trinton Carl, How important is seal hunting to you and your family? He stated, "Seal hunting is important to us because we need food." What is the best type of seal to hunt and why? He replied, "Amirkaq, because it has more taste than black seal." Where do you go seal hunt? He replied, "Upriver of Newtok." Who taught you how to seal hunt? "Aati" (Dad in Yup'ik) and he followed and taught himself by watching.

Matthew Erik stated, "It's really important to our source of food and cuts off the expensive groceries from the store and keeps our culture alive." He said the best type of seal to hunt "Tungunquq because it provides more meat and Nayiq for yummy meat." He hunts in the Bering Sea or mouth of the river of Chefornak. He said his dad, older brother, uncle, and apa the older family members taught him how to hunt.

There are different types of seasons like Ansii - fall seal hunting, Qamigaq - spring seal hunt, and Kangiliuq - staying on the shore.

New BRHS students inducted into NHS

by Jeremy Thatcher



National Honor Society members doing their pledge. Photo by Mrs.Miner.

Before I talk about the new members you should know about The National Honor Society. Students in NHS take it upon themselves to support their community. The NHS advisor is Melinda Hamilton, a math teacher at BRHS.

Mrs.Hamilton said, "NHS helps the community through community service activities and setting an example of good citizenship, leadership, and academic excellence."

The former students of NHS that are still attending BRHS or ANSEP are: Marion Swope, Selena Echuck, Mehmet Alimi, Elenor Whitney, Caitlin Laraux, and Kenai Tososie.

On Thursday September 15, 2022, seven students became official members of NHS. The students joining NHS include: Kendal Herron, Allie Alexie, Drini Pellumbi, Vjosa Pellumbi, Adeline Perry, Isabel Lieb, Maya Komulainen, and Jeremy Thatcher.

I am one of those students. The reason I joined NHS is because I wanted to help the community and to follow in my sister's footsteps.

In NHS we are meant to complete 35 hours of community service. The service hours are completed through local non-profit organizations or privately for citizens if needed.

Mrs.Hamilton said, "since I have been the student advisor for our chapter I have proudly watched our member serve at BFK9's, as peer tutors, Tundra Women's Center, Winter House, 4H, Supper Club, sporting and band events, Cultural Center events, holiday activities, class aides for teachers, group leaders at church, Food Bank, Search and Rescue and more."

How Bethel Friends of Canines affects students' lives

by Jahira Towner

Bethel Friends of Canines (BFK9) is an animal shelter in Bethel that helps stray animals find compatible homes. Before there is a foster home found for these animals the shelter nurtures them and makes connections with the pets. They also use the assistance of high school students by implementing volunteering.

HS student Justine Erickson-Bradney helps spay, vaccinate and neuter pets. Other contributions she does are walking the dogs, bathing them, feeding them, cuddling and soothing them. She has also adopted and rescued pets like Pyrla Ree and Jackson. According to Justine, "Volunteering there for two years has led me to see that my passion is caring for animals, and so I would love to be a Public Health Vet."

Mrs. Hamilton also volunteers at the animal shelter and helps out with the animals that were abandoned or hurt. She also brings her children along to walk the dogs and give them attention just to gain experience. Mrs. Hamilton stated, "BFK9 gives me the opportunity to teach my children about serving in their community. Sometimes there are some really sad situations there, and I want that to be a learning opportunity for them to see how they can be a part of rebuilding and helping ALL victims of abuse or injustice."

This inspires me to volunteer during the summer to help give back to the community. Volunteering has been available for years now, and anyone can volunteer. Learning more about animal personalities and seeing a bigger view about what they go through is something I would love to be a part of. More students should volunteer for BFK9 and enjoy an experience too, you never know if you may like it.

Justine's adopted dog Pyrla-Ree as a puppy a few years ago. The dogs rescued are all ages.

JH students investigate matter in physical science

by Warrior Weekly Staff



Learning science can be fun, as Ethan Solesbee demonstrates here, with the gas-filled balloon. Photos by Marty Smith.

Mr. Smith's 8th grade science students studied matter, which is any material that has mass and volume; it takes up space. The young scientists read information about matter, viewed some examples, and tested out

various forms of matter.

Matter can have
several forms: Solids keep
their shapes, for example,
your phone or laptop, ice
or your four-wheeler.
Liquids make the shape of
whatever container is
holding them, such as the



water in your water bottle or the Kuskokwim River.

Gasses such as steam or oxygen fill up a container. The fourth type of matter is plasma, which is very high energy, like lightning, the Northern Lights, and the bright crescent of a welding arc.



Above: Kemuel Latham, Ashlynn Lonewolf, and Aiden Dela Cruz view examples of matter. Left: Brandon Ayapan, Joel Andrew, Quin Carl and Riley Boney study matter.

Mr Hunter's Earth science class

By Cleo Nicolai



Earth science students read about the satellites orbiting around our planet. Photo by Cleo Nicolai.

This week in Mr Hunter's Earth Science class students are learning about satellites. Satellites are an important technology to help people with different things like communicate with friends and family, or show where you are at on a gps. Satellites orbit around earth or circle around a larger object, and they give us service, electricity and information about weathering.

Right now there are over 4,000 satellites orbiting around earth. Mr Hunter showed students slides of pictures and videos about satellites. Mr Hunter said, "I'm happy to share information about Earth Science to my students. It also makes me fulfilled when my students learn something new."

Madison Andrew said, "I get to learn about different satellites and radar signals."

Maelynn Fredericks said, "I like that we get to learn about the earth and things in space. I like learning about how they could tell us things about the Earth.

Bryce Langlie said, "It's interesting and learning about the Earth is kinda cool."

Lexis Foss said, "I enjoy learning things and learning what they do and how they work."

William Phillips said, "Earth Science is fun, I get to learn about the Earth, how satellites work and how a gps work with satellites."

Students create self portraits in art class By Brandy Jones

Last week in Ms. Ann Luthy's art class, students made self portraits; the self portrait is to show them to be thankful for what they have such as their ears, eyes, and hair.

What each student needed to make a self portrait was a piece of paper, a picture of him or herself, charcoal pencils, charcoal sticks, a gummy eraser, and stubs. The students traced their pictures onto a piece of paper and after that they added value to create their own image.

Art teacher Ms. Luthy said, "What the students said to me was that none of them wanted to draw their picture because they did not like their eyes, nose, and hair. I had told them that this project was to be thankful that they had eyes to see, ears to hear, and hair, let's appreciate who we are and what we have."

Adrianna Swope said, "I like how my self portrait turned out, I had fun making it. My favorite part was learning how to use the charcoal."

Maximos Lonewolf said, "I didn't like doing the self portrait, but at the same time I had fun. It turned out better than I thought it would."

Kaitlyn Wade said, "I didn't like doing the self portrait because it was hard, but I had fun. I liked the way it looked when it was finished."

Yurim Jeong said, "I liked doing the self portrait, it's the first time I made something like it. I had fun making my portrait and I like the way it turned out."

Cassandra Lozano said, "I kind of liked doing the self portrait and I had fun. I like the way my self portrait looks, but not really because the eyes look weird."

Jaida Brielle said, "I didn't like doing the self portrait because I don't know how to draw. I had fun and I like the way it came out because it looks real."



Eliza Saliu said, "I liked making the self portrait and I had fun, but I don't think I did that good."

Constance Beans-Polk said, "I like the way my self portrait looks and I had fun making it because I got to draw."

MaeLynn Fredericks said, "I liked doing the self portrait, but I had to restart on it because I did it on the wrong piece of paper at first. I think my self portrait looks decent."

Jenette Robson said, "I liked doing the self portrait. I kind of like the way it is, but not really because I was using my left hand—I had a cast on my right hand so it wasn't easy." You can view all of the students' creations in the C-wing hallway outside of the art room.

Ms. Speranza's ELA Class

by H. Tobeluk

In Ms. Speranza's ELA II class we read a short story called, "Sweat" written by Zora Neale Hurston.

Sweat is about a woman named Delia who has had many hardships in life. Delia does a lot of chores and doesn't get treated right for it. Her husband, Sykes hurts her and it's harmed her relationship. Sykes cheats on her openly. She finally stands up to him and he gets what he deserves at the end.

This week we're reading a book called, "The Things They Carried" written by Tim O'Brien.

Mrs. Speranza said, "I like teaching the students and sharing interesting stories with them. I always thought that ELA class shares stories of life with experiences we can experience ourselves."

Natalia Andrew said, "ELA is my favorite subject because I love to read. I love how Ms. Speranza teaches and how she explains what we have to do."



Ms. Dalaorao's world history class

By F. Chaliak



5/6th hour studying in World History. Photo taken by: F. Chaliak

In Ms. Dalaorao's World History class, we're currently learning about world religions, which is interesting and fun. We have to learn about our past to understand how we are today. I love being Ms. Dalaorao's class because we get to learn more about the past and how they have been living, it is interesting and somewhat strange. Many students love that class

Hailey Tobeluk said, "I like being in World History because we get to learn more about our past. World History just excites me because everything we learn is very surprising and interesting. I would like to learn more about the religions and dig deeper into our history."

Layla Williams said, "My favorite thing about history is learning about things that happened before I was born and before my family was born. I would like to learn more about the Titanic."

Lexis Foss said, "I like World History. I would want to learn more about the world because I don't know much about it."

Jimmy Kaiser said, "It's fun learning about world wars. I want to learn more about wars because it's interesting. I think we learn it because we don't want to make the same mistakes that were made in the past."

Natalia Andrew said, "I like learning about the religions. I would want to learn more about how they lived a long time ago."

Gunnar Fitka said, "I like world history because the Ms. Dalaorao is pretty chill. It's fun learning about history. I would like to learn more about the world wars."

Mia Daniel also said, "I like this class because the kids are funny and it's kind of easy, but sometimes it's hard. I would want to learn more about like the Holocaust."

Ambrelle C. said, "I like learning new things. I would like to learn more about the religions, learning new history back then."

Alyssa Nicholai also said, "I get to be with friends and do work."

Mr. Terry's geometry class

By Jada Jones

In Mr. Terry's geometry class students are learning about angles and polygons. The polygons and angles help them with estimating perimeters and areas of real world situations like, carpentry.

Geometry teacher Mr. Terry said, "All the stuff you use in geometry is actually used to model and shape things around us."

Madden Cockroft said, "My favorite topic was parallelograms and learning about different shapes and angles. I enjoy geometry because I think it's fun."

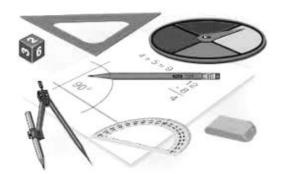
Nick Twito said, "My favorite topic in geometry is engineering. It's not my favorite class, but it's okay."

Jeremiah Samuelson said, "My favorite topic in math class is finding the perimeter of shapes, I like being in geometry class."

Presley White said, "My favorite topic in geometry is messing angles and learning about all the shapes."

Darlene Laroza said, "My favorite topic in math class is the polygons, it's an interesting topic. I enjoy being in geometry."

Brandy Jones said, "My favorite topic in geometry class is learning about all the different angles. Geometry class can be challenging at times, although it's fun."



JROTC - continued and in depth

by Scott Kawagley, and Shauna Nanalook

The JROTC Program is easy to pass and is fun, as we get to travel to places such as South Carolina, Florida, Hawaii, and others. We travel to those places for JCLC, Drill Competition, Raiders Challenge, and Summer Camp. Currently we are about to do the Raiders in November, which is two months from now.

In the classroom we study the cadet handbook which contains lessons such as ranks, cadet creed, and many more. On Wednesdays we do a P.T. We exercise do a 1 mile run and other P.T related things. On Fridays we do inspection, when we wear our OCPs which are camo uniforms and such.

This month on the 30th and October 1st we will be doing the Cadet Challenge or we call it Lock-in, and we stay here at the school overnight. What we do in the Lock-in are minute to win it games, Cadet Challenge, P. T, and awards, and orienteering. December 16th to 18th is the Military Ball. With the Military Ball you can invite a guest, but you will have to pay \$25. But what we do in the Military ball is eat food, give awards out such as coins, medals. Next up be a dance, spending time with your friends.

SFC Calvetti said, "I'm the Senior Army Instructor, we have class at the D.O. The Cadets, their energy and desire to make the program better. I like the minute to win it games, because the Cadets gets very competitive and the Gym gets loud. The Formal Dinner because the Cadets Dress up to their Finest. Everyone gets their night out."

Jeremy Thatcher said, "I enjoy helping cadets do what they should do. I like JROTC tests because they're fun. I like the games, spend time with friends. I like doing P.T and I like dancing and seeing people ranked up, and giving medals to other cadets."

Samuel Atchak said. "I like D&C, and P.T. I like the cadet challenge, one mile, and minute to win it games. I like the Military Ball because we have an option to dress fancy or use our uniforms, and we don't have to cook."

Madison Keene said, "I like leading all the cadets, also love the rifle P.T, and marching. I like the orienteering, cadets challenge, and spending time with friends. What I like about the Military Ball is getting awards, and the food."

Do students need assigned seats in class?

by Zack Wassilie

RESERVED SEATING

Students are BRHS are getting assigned seats by teachers in their class period so can they can make new friends and get out of their hideaways.

In some classrooms teachers are giving seating arrangement so the students can "focus better" and to get out of their safe place. There are some students that won't get out of their comfort zone just because they need to do an assignment.

Jon Oscar said, "We don't need a seating plan because we are old enough and responsible, if we don't get the work done, it's on us. It depends on the assigned seats, the situation, also who's going to be around you." Jon thinks we get a seating map because sometimes we need to be in an environment to work.

Jeremy Thatcher said, "Some people don't work together and they'll get off topic. Seating charts are not helpful because I want to be with my friends, and I think people would rather to sit alone then sit with someone they don't know." Jeremy thinks we get a seating layout because people are messing around instead of following the teacher's instructions.

Ms. O'Boyle stated, "I think it depends on the class but for the most part no to students having a assigned seats. Again it depends on the class, but for the most part it's better with a seating chart." Ms. O'Boyle thinks that we get assigned seats because of the makeup of the class and sometimes they need a seating chart.

Ms. Speranza noted, "I think students greatly benefit from assigned seats. They are very helpful because they get to sit with students who don't distract them, they also sit with students who they usually don't sit with, and it's in important life skill to work with students you don't know. I practice that life skill in my class." Ms. Speranza believes that it benefits learning and cooperation.

John brink declared, "Yes to a seating chart because students need to be focused, but other people would say no. A seating diagram can help students by meeting new people and working as a team." John assumed we get a seating chart because some students get too loud and will get off topic.

Mrs. Miner announced, "I think it depends on the class. Assigned seats are helpful because they get students talking to others they normally wouldn't talk to, and it helps with behavior." Mrs. Miners imagined that we get seating plans because behavior is the number one thing that students get seating maps for.

The things I love to draw By Joycelyn Keene



The things I really love drawing are family photos and having them in frames. I also like to draw my pets.I am still trying to improve my drawing skills.

I love art because it makes me feel relaxed and happy. I also like to doodle and do some quick sketches and some funny meme photos whenever I get bored. also I love to draw old photos of both my Grandmother and Grandfather when they were younger as well other family members like my mother.

I love to draw animals with beautiful scenery behind them. Also I like to draw sea animals such as turtles, whales, dolphins and many other so. Sometimes I draw historic animals such as a dinosaur and wooly mammoth and many more old creatures that once existed.

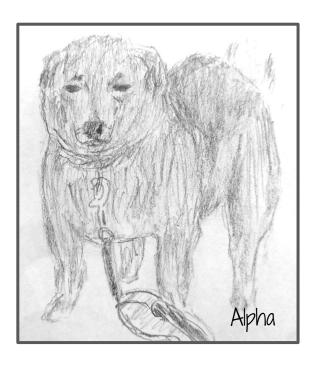
Sometimes I like to draw my grandmother in a cool scenery doing the things she loves. Like playing music on the piano and guitar. She also loves to berry pick and go fishing.

And the same goes for my pets. One time I drew my dog, Lucky. She is a chihuahua mix. She is turning 5 this year. My other dog's name is Shadow who is very old and he has shrunk over the years.

He is a 12 year old mutt; I drew both of them at the tundra running around with mountains and trees with a rainbow behind them. I added wings and a halo for Lucky because she passed away in 2021. And A lot has changed since then.

We got Shadow a best friend because he was lonely, and his friend's name is Alpha. He is a German Shepherd mixed with corgi and husky and with wolf. And angel is the mother of alpha. He is short but a strong little big guy.

He's 1 years old. I also have 3 more dogs, Polar Bear, Snoopy, And Angel. And whenever my dog's do some tricks they have learned i draw them doing the trick. And I love to draw them all together Lucky, Shadow, Alpha, Snoopy, Turtle and Angel, running all together.



Just Music

By: William Alexie

My topic is about music, and listening to music is peaceful. The fun fact about music is how it sounds and how the song goes. Songs I listen to everyday are sad, depressing and some are happy. I sometimes listen to depressing music because I went through struggles and hard days dealing with people, friends and family throughout the years.

The last few years I've been dealing with my own problems, but at the same time with my music tuning. Sometimes listening to sad music makes me think of those happier days because those happier days were memorable, Ever since I lost my best friend I started listening to depressing music everyday, and after a couple days of thinking about my friend all I kept thinking about was the song. I'm always listening to these same songs.

The sad thing is because I close my eyes and imagine I've been used to being alone for the past few years, and I learned that being alone and being me isn't really bad, but I get jealous because in this world I see a lot of people making friends and having happy friendships. Whenever I see a lot of people talking to their friends and laughing around, I start thinking about my dead friends and play those songs that relate to my life. Whenever I'm alone I'll just turn my music on and nevermind anything else, but to fight off negative things.



Ms. Luthy's Art Class

by H.Tobeluk



Art students' portraits line the wall in the C-wing. Check them out! Photo by Anna Howard.

In Ms. Luthy's Fine Arts class students are learning about cool and warm colors, and how to use them. They made self-portraits and they turned out pretty cool, Ms. Luthy took pictures of students for the self-portraits after she printed the pictures, they used a blank white paper and the picture, using the window for tracing and using charcoal to color it in.

This week students are learning how to use paint, students are using a thin long paper and drawing of a landscape or something they love to do, when students are done drawing they have to use the thin paper and trace it on the larger paper, then when students are done tracing they will have to paint.

Amy Nicholas said, "I like art because it's fun to draw, and mess around with all different colors. I want to learn more about drawing because I want to be an artist."

Natalia Andrew said, "I like how we can learn about different things in art, I want to learn more about colors. I think it will help me in my future, someday."

Zellia Avalos said, "I like that you can put your feelings in a way of art to at least have people understand what's going on in your mind."

I think this class is the best so far this year. Art just helps me express myself and understand my surroundings. I do think this will help me in the future. Art is like my stress reliever, I love art.

Details on the speech competitions

By Isiah Stuart

For those amazing students who are interested in joining speech, you can sign up outside Ms. Mutch's door, just write down your name and your homeroom teacher and you'll be on your way, but for further detail, seek information from Ms. Mutch.

There are two rounds of the 1st competition, that is held in Bethel Alaska, and three rounds of the 2nd that is held in Anchorage, Alaska. The 1st is called the District Competition, while the 2nd is called the State Competition.

Although the club doesn't start until next Friday, on September 23, that still gives you at least some time to get the courage to give a well thought out speech.

You can think about a topic, and a type of speech you may want to give to the audiences.

Even if you don't know how to deliver a speech, this is the ULTIMATE opportunity to learn how, this is the experience we are talking about here, this is an opportunity.

I joined speech last year, and they sent me to Anchorage to attend the State Competition, and I'll tell ya... It was quite the experience. I mean there are so many options of what kind of speech you can give... there's humorous if your into comedy, informative if you like facts, persuasive if you want to talk someone into an idea, lastly there's dramatic if you are interested in bringing drama to the crowd.

These are all the possible types... but there's more to it, you can give a speech based off of someones else's work, or make your own, but that all depends on what type you pick.

The possibilities are endless right? Wrong, there are rules, but that shouldn't stop you from joining... you can do whatever you put your mind to, with all the right tools and skills, anything is possible, so I highly recommend joining, you can make new friends and gain new skills, I think it's a great idea for anyone to join.



BRHS Robotics

by J Bright

Robotics started Monday this week. It is the "First Lego League" coached by Mike Gehman and Jason Hankins, who have former Robotics experience. Mike Gehman coached Robotics in Kipnuk Alaska, 2009 and 2017.

The "First Lego League" is open to all students from 4th-8th grade and introduces them to STEM (Science, Technology, Engineering and Math). The coaches introduce this in a fun, hands on way that helps students gain real-world experience. This year BRHS is only doing 7th-8th grade.

The coaches Mike and Jason plan on meeting Mon-Wed and are really looking forward to the robot they build.

For more information about the "First Lego League" go to https://www.firstlegoleague.org



Doing chores around the house

By: Kalista Alexie

It's really important to always finish your chores before doing something you want, when you see a room or spot that's messy, don't leave it the way it is, clean it up to make it nice and neat.

Clean around the house before getting told to, finish right away, before your parents get home.

When you see your siblings doing the dishes try helping them to finish faster. Helping others will be the best thing.

You can finish the laundry, sweep the floor, mop the floor, wash the dishes and fix the beds or you can sort things that need to be in order.

The next day you have the same, you have to finish over and over, and if there's something you need to do in a rush you could take a break and then go walking or

whatever you like.



BRHS Volleyball team perseveres at the Valdez Invitational tournament

by Anna Howard



Varsity team picture, from left to right: Caitlin Laraux, Allie Alexie, Isabel Lieb, Malinda Simon, Vjosa Pellumbi, Kendal Herron, Amber Chase, Leah Valdez, Anna Howard, Kiley Twito and Katherine Winkleman. Photo provided by Coach Wheeler.

Last weekend the Varsity and JV volleyball teams traveled to Valdez to compete in the Valdez Invitational Volleyball Tournament. The teams they faced include: Barrow, Seward, North Pole, Delta, Houston, Eilson, Lathrop, Redington, and Valdez. This was JV's first trip and Varsity's second. On Friday they played a round robin to sort teams into silver or gold division, both JV and Varsity made the silver division bracket.

Both teams showed strength and improvement over the weekend. Coach Wheeler noted that Varsity improved in just about everything, he said their serves were consistent and they attacked a lot better. Along with team improvement everyone made individual growth. Junior Leah Valdez said, "I personally struggled with staying out of Isabel's way because the ball usually goes near me, but I had to remind myself she'll be there to get it." Freshman Jisu Jang said she got better at communication.

The team got a lot of playing time in and learned a lot over the weekend. Junior Allie Alexie said, "It does get tiring but it's a lot of fun, it is definitely my favorite

Varsity playing against Seward. Photo provided by Anna Howard



one of the season as it shows what teams are capable of doing in one weekend. This experience will help us a lot because the more we play, the better we'll get which in turn, will help us make it to state." Sophomore Sydney Lincoln said, "It was so cool, like you don't know if the teams were hard and I personally think it would help in the future with passing/communication."

The team coming together to celebrate a point.

Photo provided by

Anna Howard.



Coach Wheeler's noted, "My favorite moment is always watching the girls celebrate after having a good play." Jisu Jang's favorite moment was when she recovered some balls during a game. Leah Valdez said, "My favorite moment was when Lathrop spiked the ball right at Kendal's leg and also seeing the Valdez student section, they were dressed in crazy wigs and it was awesome how much energy they brought."

Two players over the weekend received individual awards. Allie Alexie, an outside, made All-Tournament Team for Varsity Silver Division and Jisu Jang, a libero, made All-Tournament Team for JV Silver Division!

This coming weekend BRHS will be hosting the first home games. Everyone on the team is excited to play in front of friends, family, and the community. Coach Wheeler said the team will be working on passing and defense in preparation for the games. Be sure to come and support our Lady Warriors! Good luck and have fun!



JV team picture, from left to right: Maya Ayagalria, Morgan Wuya, Monica Wassilie, Faith Snow, Jisu Jang and Sydney Lincoln. Photo provided by Sydney Lincoln.

BRHS cross country team running at ACS Palmer

By Sean F.



BRHS cross country team at Colony earlier this month. Photo courtesy of Coach Saltzman.

The BRHS cross country team traveled to Palmer for the ACS course last weekend. There were 17 schools including the Bethel team competing in this course.

Mr. Saltzman said, "ACS is a 3.2 km race. It's fun because students get to run with their grade level. ACS is always a fun course, we go back every year. There were over 1,000 runners. The girls varsity didn't have enough runners to participate in the race. The boys varsity were able to run in this course and a bunch of them were able to reach a personal record."

Rorey said, "I was excited for the ACS course, because it was shorter course. There wasn't too much pressure for this course, the group was sort of spread out and the crowd wasn't too big. I hope to go back because it was shorter than our usual courses."

Madden, another cross country member, said, "There wasn't too much pressure because there weren't a lot of people watching, and we were running with our grade-level. I was pretty excited because we don't usually run 3 kms, we usually run 5 kms. I hope to go back, I liked the course."

Mr. Saltzman told me of a site that shows the sports team results and records, the website is called Athletic.net. The BRHS page for this year is the link at the bottom of this article; you can use it to get more information about BRHS cross-country.

https://www.athletic.net/team/13756/cross-country/2022

Cross Country

By Margaret Andy

I joined cross country back in 2019 when I was in jr high. I used to love running back then. Being in jr high is different than high school. Cross Country was my thing, and important to me. I was always on time to get to school. At practice, we used to run 3 to 4 laps around the town. There were many teams, but some students quit.

And there were just 5 of us who joined. We were running a long time, it took us about 45 min. We couldn't even stop until the coach couldn't see us. But we still ran.

A couple weeks later, we came to Bethel to run.

And we were walking around to see where jr high and high school would stop and turn. Right after, we went back to BRHS and got ready. Jr high girls and boys ran first then the high schoolers.

I wish I could go back to those days of running in jr high. I always used to love running. Every day on time, never miss a day.



Fall Bird Hunting

By a Student

Bird hunting is a great opportunity to provide for family, have a significant time, and also to have special experiences. Hunting birds is a chance to learn new life lessons if you pay close attention. If you get lucky or know a lot about bird hunting you can go home with at least one bird.

This kind of hunting may or can be seen in many of few ways and/or can hunt in a few methods are more unique then another way, but I see it in 3 ways. I see it as fun because you can and is able to get your mind off of certain things that you might want to not think about. Hunting can also be a coping skill. Another way people see it as is violence like pastors for churches or nonviolent people who don't like violence in any way. I don't really see it as violence if you're providing for your family or friends. And that's another way people identify it as providing for friends and family. For an example, whenever a friend or I go out bird hunting we always come home with at least a bird or two.

This type of subsistence also has a few traditions. The main one is your first catch has to be given to an elder and you can not eat any of it; so that means you need to wait to catch again to eat one of your own birds. One bird in total a lot of people ask? Not technically. Like first duck, geese, swan, crane, etc. So basically, the first part of the species you catch you give away; if that makes sense. In my experience bird hunting is the easiest, but it also ties for the most fun with seal hunting.



Winter is on its way

By John Brink



Winter is coming, and Bethel residents are preparing their homes for the winter; and other people have different tasks for winter. Soon BRHS staff and students will see snow and we are going to wear warm clothing.

Winter is a time that people can hunt for moose and get wood for wood stoves and stay warm, animals are preparing for the winter by fattening up, while other animals try to stay warm.

Isaiah stuart said, "I feel as if I have to prepare for the cold weather, but I need to get the proper clothing for winter."

James Bright said, "I hunt for food and then unpack my winter gear. My mother also pays for stove oil ahead of time. In the winter I plan on being a child and I will also make a snowman; I might go hunting in the winter."

How I prepare for winter by putting cooking toys away and mowing the lawn and putting my lawn mower in our greenhouse and placing the scrap wood in our shop.

Ms. O'Boyle said, "I make sure that I have my winter gear out and ice cleats and put the plastic sheets on my windows. I like winter, but not as much as fall. I think the snow is pretty—over the break I will visit my family in Michigan."